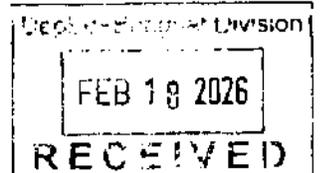




Republic of the Philippines
Department of Education
Schools Division of Benguet



16 February 2026

DIVISION MEMORANDUM

No. 69

To: Public Schools District Supervisors, Coordinating Principals
Public Elementary and Secondary School Heads
School Health and Nutrition Unit Personnel
All Others Concerned

**PROVISION OF EMERGENCY MEDICAL SERVICES and OTHER HEALTH &
NUTRITION SERVICES during the Cordillera Administrative Region
Athletic Association (CARAA) Meet 2026**

1. In connection with the upcoming Cordillera Administrative Region Athletic Association (CARAA) Meet 2026, the **School Health and Nutrition Unit of SDO Benguet** including **All School Health and Nutrition Personnel of the Schools Division of Benguet**, in collaboration and partnership with the **Benguet Provincial Health Office (PHO)** who will lead an Incident Command Post, the Benguet Provincial Disaster Risk Reduction and Management Office (PDRRMO), the Municipal Disaster Risk Reduction and Management Office (MDDRMO) of the different MLGUs, Benguet State University (BSU), Cordillera Career Development College (CCDC), Philippine Red Cross (PRC)-Benguet Chapter, School Health & Nutrition Personnel of different SDOs and Benguet General Hospital, has arranged the assignment of medics to provide emergency medical services and other related health & nutrition services throughout the conduct of the CARAA Meet 2026 from **February 16 to 21, 2026** and **February 22-27, 2026**.
2. All playing venues in various municipalities including Itogon, Tublay, and La Trinidad, Benguet and in Baguio City will have stations for emergency medical services & first aid, with assigned medics, during the CARAA Meet 2026 Proper. Details are provided in **Enclosure 4**.
3. School Health and Nutrition Personnel of the Schools Division of Benguet shall also be deployed during the different activities related to the conduct of the CARAA Meet 2026 which includes the following: Deployment for the Training Period of Benguet delegates on February 16 to 21, 2026 are provided in **Enclosure 1**; Assignments during the Parade and Opening Program are detailed in **Enclosure 2**; Health and Wellness Committee who will attend to the needs of the Benguet delegation before/after the events, to



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be stationed at SDO Clinic and Benguet National High School Clinic are specified in **Enclosure 3**.

4. Medical personnel assigned in all stations must ensure effective coordination with their designated team leader. The different teams to be deployed shall accomplish and submit the case report form (**ENCLOSURE 5**) to the Incident Command Post DAILY to ensure that athletes and delegates are continuously monitored by their assigned personnel in their respective billeting schools.
5. The deployment and demobilization of the Emergency Medical Services Teams will begin prior to the competition and end when the playing event concludes, with the exact time to be communicated by the Team Leader to his/her Members, in coordination with the Tournament Directors. **Competition schedule and any changes must be closely coordinated with Team Leaders of Emergency Medical Services.**
6. Referral hospitals will be the **Benguet General Hospital** and the **Baguio General Hospital and Medical Center**. No patient should be sent directly to the hospital unless referred to or coordinated with the Emergency Medical Services Team.
6. Travel expenses to the areas of assignment shall be charged from local funds and subject to the usual accounting and auditing rules and regulations.
7. This memorandum shall serve as **Authority to Travel** for the identified School Health and Nutrition personnel. Also, inclusive dates on February 16-21, 2026, and February 22-27, 2026 shall be considered as actual rendering of Medical, Nursing, Dental & Nutrition Services and part of their official duties in the computation of Magna Carta for Public Health Workers benefits.
8. School Health and Nutrition personnel are entitled to Compensatory Overtime Credit (COC) for services rendered during Saturday/Sunday/Holiday and overtime work from Monday to Friday.
9. Immediate dissemination to all concerned is desired.


ESTELA P. LEON-CARIÑO EdD, CESO III
Regional Director and Concurrent Officer-in-Charge
Office of the Schools Division Superintendent *WLC*



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ENCLOSURE 1
EMERGENCY MEDICAL SERVICES FOR CARAA Meet 2026 TRAINING PERIOD
of BENGUET DELEGATES – February 16-21, 2026

DATE	MEDICAL PERSONNEL ON DUTY
February 16, 2026	Remedios Sacyat Shodee D. Bolayo Sylvester Tan Rose Virginie Killip
February 17, 2026	Remedios Sacyat Sylvester Tan Jeremie Teofilo Shodee D. Bolayo Shelby Sangao
February 18, 2026	Remedios Sacyat Kalendale Dalay-on Sylvester Tan Robert Jay Namoro Shelby Sangao Reina Duyao Cherelyn Menis Jeremie Teofilo
February 19, 2026	Remedios Sacyat Kalendale Dalay-on Sylvester Tan Shelby Sangao Reina Duyao Cherelyn Menis Jeremie Teofilo
February 20, 2026	Remedios Sacyat Kalendale Dalay-on Sylvester Tan Robert Jay Namoro Cherelyn Menis Maria Victoria Marzan Reina Duyao Jeremie Teofilo
February 21, 2026	Jeremie Teofilo Saturnino Calasan Gergenzon Delfin Lloyd Tabdi Lorraine Agayo Rachel Baniqued



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ENCLOSURE 2

FIRST AID STATION ASSIGNMENT OF MEDICAL PERSONNEL DURING THE PARADE AND OPENING PROGRAM – February 22, 2026

FIRST AID STATION	MEDICAL PERSONNEL
BSU TO BSC OVAL (with the delegates)	TL: Shelby G. Sangao (09771749783) Zareen Binay-an Carol Igueldo Rachel Baniqued Karren Gaqui Reina Gaea Duyao Lorraine Agayo Genevieve Bastian Normelyn Suaya Mae Fatima Cobaldez
LTCS (with PDRRM AMBULANCE)	TL: Robert Jay Namoro (09399141098) Johnny Compelio Nimia Concepcion Meris Maria Victoria Marzan
KOREAN BUFFET (with PDRRM AMBULANCE)	TL: Denver Japhet K. Fagyan (09993274488) Zhimar F. Garriga Liza P. Dimbanan Fe Belen D. Acbayan
DEPED RO (with PHO AMBULANCE)	TL: Juliet Kito (0936146266) Geralyn Belino Alpharita Tagle Lloyd Tabdi
BSC OVAL ENTRANCE (with PRC 1 AMBULANCE)	TL: Florence F. Gam-ad (09064001834) Ma. Cathlea A. Pulig Mila Paciteng Joyce Cayamdas Roselle Kristine Waguis
BSC OVAL CENTER (with PRC 2 AMBULANCE)	TL: Saturnino Calasan (09609040803) Araceli Advincula Roselle Kidkid Estrella Guzman
Others: BENGUET NHS CLINIC	TL: Remedios Sacyat (09092012052) Cherelyn Menis Lorna Diwas Kalendale M. Dalay-on
GOVERNOR'S LUNCH	TL: Jeremie Teofilo (09494500949) Rose Virginie Killip Juliet Kito Gergenzon Delfin



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ENCLOSURE 3
BENGUET DELEGATION HEALTH AND WELLNESS COMMITTEE
February 22-27, 2026

BENGUET NHS CLINIC	SDO CLINIC
Remedios Sacyat	Cherelyn Menis
Nimia Concepcion Meris	Lorna Diwas
Juliet Kito	
Carol Igualdo	
Rachel Baniqued	
Saturnino Calasan	
Jeremie Teofilo	
Gergenzon Delfin	
Roselle Kidkid	
Reina Duyao	
Zareen Binay-an	
Joyce Cayamdas	
Florence Gam-ad	
Mila Paciteng	
Kalendale Dalay-on	



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ENCLOSURE 4 EMERGENCY MEDICAL SERVICES DIRECTORY FOR 2026 CARAA MEET PROPER

FEBRUARY 22, 2026 (Sunday)

No.	VENUE	PLAYING EVENT	TEAM ON DUTY	AMBULANCE
1	BSU Field MORNING	<p>■ Football</p> <p>Team Leader: Sylvester Tan 09093327930</p>	<p>TEAM A</p> <p>DepED 1</p> <p>MO: Tabuk SDO</p> <p>Sylvester Tan Dolores Akilith Ricarda Gu Jennifer Fernandez</p>	<p>Provincial BFP</p>
2	BSU Field AFTERNOON	<p>■ Baseball</p> <p>Team Leader: Lorraine Agayo 09206413139</p>	<p>TEAM B</p> <p>DepED 2</p> <p>MO: Tabuk SDO</p> <p>Lorraine Agayo Genevieve Bastian Normelyn Suaya</p>	<p>LT BFP</p>
3	CAPITOL AFTERNOON	<p>■ Table Tennis</p> <p>Team Leader: Karen S. Gaqui 09606145105</p>	<p>TEAM C</p> <p>DepED 3</p> <p>Karren S. Gaqui Reina Duyao</p>	<p>DepED VAN</p>



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FEBRUARY 23-27, 2026 (Monday to Friday)

No.	VENUE	PLAYING EVENT	TEAM ON DUTY	AMBULANCE
1	Alejo Pacalso	<ul style="list-style-type: none"> Archery <p>Team Leader: Rosson B. Balisto 09460563173</p>	<p>TEAM 1</p> <p>ITOGON MHSO</p> <p>4 Members Japhet Fagyan (DepEd)</p>	<p>AMBU 1</p> <p>ITOGON MHSO 3 Members</p>
2	BSU Field	<ul style="list-style-type: none"> Football Elem and Sec Baseball Elem and Sec <p>Team Leader: Dr. Florence Poltic 09481039196</p>	<p>TEAM 2</p> <p>BSU MEDICAL TEAM 4 Members</p> <p>Medical Doctor Dr. Florence Poltic</p>	<p>AMBU 2:</p> <p>PHILIPPINE RED CROSS BENGUET CHAPTER 3 Members</p>
3	BSU Enclosed Gym	<ul style="list-style-type: none"> Basketball 3x3 Sec B/G Basketball Elementary <p>Team Leader: Suvea Decoran 09487044065</p>	<p>TEAM 3</p> <p>PHILIPPINE REDCROSS BENGUET CHAPTER</p> <p>4 Members</p>	
4	BSU Covered Court	<ul style="list-style-type: none"> Futsal <p>Team Leader: Sylvester Tan 09093327930</p>	<p>TEAM 4</p> <p>DepED A Sylvester Tan Lloyd Tabdi Dolores Akilith Jennifer Fernandez</p>	
5	Benguet Sports Complex	<ul style="list-style-type: none"> Athletics Softball Girls Paragames/Sp. Events <p>Team Leader: Saturnino S. Calasan 09609040803</p>	<p>TEAM 5</p> <p>DepEd Team B Saturnino S. Calasan Joyce T. Cayamdas Roselle R. Kidkid Zareen B. Binay-an Gergenzon Delfin Nimia Conception Meris Rachel Baniqued Roselle Kristine Waguis Shelby Sangao</p>	<p>AMBU 3</p> <p>PDRMO 1 3 Members (Driver, 1 PDRMO, 1 PHO)</p>



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6	Benguet Aquatic Center (BAC)	<ul style="list-style-type: none"> Swimming <p>Team Leader: Jerwell ALones 09386354411</p>	<p>TEAM 6</p> <p>Medical Doctors</p> <p>Feb 23 :Dr. Eden Dangwa Feb 24: Dr. Joseph Frias Feb 25: Dr. Joseph Frias Feb 26: Dr. BEGH Feb 27: Dr. Eden Dangwa</p> <p>LT MDRRMO 4 Members</p>	<p>AMBU 4</p> <p>LT MDRRMO 3 Members</p>
7	BSC, Stage Area	<ul style="list-style-type: none"> Boxing <p>Team Leader: Jeremie B. Teofilo 09494500949</p>	<p>TEAM 7</p> <p>DepEd Team C (Abra Delegates)</p> <p>Medical Doctor Dr. Apolinar L. Turqueza (09175346892) Dr. Janet Pasciales (Dentist) Hussein T. Sigamay Clifton A. Sumangpet</p> <p>Jeremie Teofilo Juliet Kito</p> <p>MD on Duty: DepED: Feb. 23,24,26,27 Dr. BeGH – 25</p>	<p>AMBU 5</p> <p>PDRRMO 2 3 Members (Driver, 1 PDRRMO, 1 PHO)</p>
8	DepEd RO Gym	<ul style="list-style-type: none"> Taekwondo Weightlifting <p>Team Leader: Dr. Kirsty Doman 09078674357</p>	<p>TEAM 8</p> <p>DepEd Team D</p> <p>Medical Doctor Dr. Kirsty Depnag-Doman Caral Igualdo Zhimar F. Garriga Liza P. Dimbanan</p>	
9	BSC Gym	<ul style="list-style-type: none"> Valleyball Sec B/G Lawn Tennis Elem <p>Team Leader: Florence Gam-ad 09064001834</p>	<p>TEAM 9</p> <p>DepED Team E</p> <p>Florence Gam-ad Ma. Cathleah A. Pulig Mila Paciteng</p>	<p>AMBU 6</p> <p>Provincial Health Office 3 Members (Driver, 2 PHO)</p>



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10	BenHS	<ul style="list-style-type: none"> ▪ Sepak Takraw Boys <p>Team Leader: Remedios Sacyat 09092012052</p>	<p>TEAM 10</p> <p>DepED Team F Remedios Sacyat Geralyn Belino Kalendayle M. Dalay-on</p>	
11	PEO, Wangal	<ul style="list-style-type: none"> ▪ Chess ▪ Lawn Tennis <p>Team Leader: Aracelli Advincula 09307070934</p>	<p>TEAM 11</p> <p>DepED G Aracelli Advincula Alpharita Tagle</p>	
12	Lubas ES	<ul style="list-style-type: none"> ▪ Wrestling <p>Team Leader: Roderick Chuckle Chua 09998786636</p>	<p>TEAM 12</p> <p>Medical Doctors Feb 23: Dr. Arlyn Namoro Feb 24: Dr. Arlyn Namoro Feb 25: Dr. Milan Feb 26: Dr. Milan Feb 27: Dr. Milan</p> <p>LTMHSO 4 Members Rose Virginie Killip Normelyn Suaya</p>	<p>AMBU 7</p> <p>LT MHSO 1 3 Members</p>
13	Benguet Capitol	<ul style="list-style-type: none"> ▪ Table Tennis Elem ▪ Table Tennis Secondary ▪ Volleyball Elem B/G <p>Team Leader: Karren S. Gaqui 09606145105</p>	<p>TEAM 13</p> <p>DepEd Apayao Nurses Mary Jane Bulut Marilyn Guillermo Juan Palattao Bredilyn Macadangdang</p> <p>DepEd Benguet Karren S. Gaqui Reina Duyao</p>	<p>AMBU 8</p> <p>PROVINCIAL BFP 3 Members SFO1 Kenny Gadoan 09457545672</p>
14	San Jose Gym	<ul style="list-style-type: none"> ▪ Arnis <p>Team Leader: Robert Jay Namoro 09399141098</p>	<p>TEAM 14</p> <p>DepEd Team H</p> <p>Medical Doctors Feb 23: Dr. PHO/DepED Feb 24: Dr. BeGH Feb 25: Dr. Randolph Patrick Moyaco III Feb 26: Dr. Eden Dangwa</p>	<p>AMBU 9</p> <p>LT BFP 3 Members</p>



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			Feb 27: Dr. Randolph Patrick Moyaco III DepEd Benguet Robert Jay Namoro Johnny M. Compello	
15	CCDC	▪ Basketball 5x5 Secondary B/G Team Leader: Shary Joy Benwasen 09128461265	TEAM 15 CCDC MEDICAL TEAM <u>Medical Doctor</u> Dr. Buada 4 Members	AMBU 10 CCDC PTV
16	Rose Pine Hotel	▪ Dance Sport Team Leader: Loraine Agayo 09206413139	TEAM 16 DepED Team I Loraine Agayo Genevieve Bastian	AMBU RMDU
17	Baguio City National High School	▪ Gymnastics Team Leader: Dr. Junneth De Guzman 09982292754	TEAM 17 <u>Medical Doctors</u> Feb 23: Dr. Milan Feb 24: Dr. Milan Feb 25: Dr. Jesebel Laus Feb 26: Dr. Junneth De Guzman Feb 27: Dr. Jesebel Laus Sablan MHO 4 Members	AMBU 11 / PTV SABLAN MHO 3 Members
18	Wayside Billiard Hall, Puguis	▪ Billiards		
19	Norson Gym, Shilan, LTB	▪ Badminton Team Leader: Brenda B. Oidi 09466577094	TEAM 18 DepED J Brenda B. Oidi Ricarda Gu Estrella Guzman	AMBU 12 AMBULANCE 3 Members
20	Tacdian ES	▪ Sepak Takraw Elem ▪ Sepak Takraw Girls Team Leader: Maria Victoria A. Marzan 09075858719	TEAM 19 Deped Team K Maria Victoria A. Marzan	AMBU 13 TUBLAY BFP 1 3 Members



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		Maria Victoria A. Marzan 09075858719		
21	Paoad ES, Tublay	▪ Wushu Team Leader: Eric Aoy 09509874974	TEAM 20 <u>Medical Doctors</u> Feb 23: Dr. Rajiv Feb 24: Dr. Gadgad Feb 25: Dr. Gadgad Feb 26: Dr. Rajiv Feb 27: Dr. Rajiv TUBLAY MHSO 4 Members	AMBU 14 TUBLAY MHSO 3 Members
22	Tawang IS, LTB	▪ Pencak Silat Team Leader: Mae Fatima C. Cobalez 09102005233	TEAM 21 DepEd Team I <u>Medical Doctor</u> Dr. Lillian Velasco Dr. Kitongan (24&250) DepEd Benguet Mae Fatima C. Cobalez Fe Belen D. Acbayaan	AMBU 15 Ambulance 3 Members



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